

Silymarin + Complex - Product number B044 - 100 tablets

Description

Complex of nutrients and a standardized Silymarin herbal extract.

Ingredients and% Reference Intake per 2 tablets:

Choline bitartrate 375 mg (200 mg elem. Choline)

Standardized Silybum marianum extract (80% silymarin) 300 mg

Taurine 200 mg

Inositol 200 mg

Trimethylglycine (TMG or betaine base) 100 mg

Acetyl-L-Carnitine 100 mg

N-Acetyl-Cysteine (NAC) 100 mg

Alpha-Lipoic Acid 10 mg

Selenium (L-methyl-L-selenocysteine) 100 mcg (elem.), 182%

Biotin 100 mcg, 200%

Fillers: silicon dioxide, vegetable magnesium stearate and stearic acid, rice starch, microcrystalline cellulose, maltodextrins (gluten-free).

Usage and warnings:

Adults take 1 tablet twice a day or as advised by an expert. Do not exceed recommended dosage. Keep out of reach of children. Do not use during pregnancy and lactation. Do not use in hypersensitivity to any of the herbs or other ingredients in this product. A dietary supplement is not a substitute for a balanced diet. Individuals hypersensitive to the Compositae or Asteraceae plant family may not be able to tolerate Silymarin. For more information about the simultaneous use of herbs and medicines, see (in Dutch language):

<https://www.nvwa.nl/onderwerpen/voedingssupplementen-en-kruidenpreparaten/content/risk-s-gelijktijd-gebruik-van-kruidenpreparaten-met-geneesmiddelen>